

w/c 7th October, 28th October, 18th November, 9th December, 30th December, 20th January, 10th February

WEEK ONE

MONDAY Authentic Italian

TUESDAY Family Faves

WEDNESDAY Baking British

THURSDAY Food Festival

FRIDAY Fun Day

Cheese and Tomato Pasta Bake v

Whole wheat penne with the ultimate tomato sauce topped with cheese

All Day Breakfast ▲

Grilled Halal chicken sausage, egg, beans, tomato and hash brown

Roast Chicken and Gravy with Mash ▲

Halal chicken fillets with mash, stuffing and gravy

Chicken Curry and Rice ▲

Marinated Halal chicken thigh pieces in a buttery curry sauce with rice

Salmon Fish Fingers and Chips

MSC salmon fish fingers with chips and peas

Quorn Meatballs and Spaghetti v

Quorn meat balls in a tasty tomato sauce with wholewheat spaghetti

Veggie All Day Breakfast v

Veggie sausage, egg, beans, tomato and hash brown

Quorn Roast and Gravy with Mash v

Quorn roast with mash, sage and onion stuffing and gravy

Cauliflower and Lentil Jalfrezi and Rice v

Lightly spiced cauliflower and lentil curry with rice

Cheese and Bean Wrap and Chips v

Half a whole wheat wrap stuffed with baked beans and cheese

Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■

Jacket Potato with Toppings ◆

Italian Crumble Cake

Crumble base filled with apples topped with even more crumble

Winter Sponge

Orange and cinnamon sponge with a twist!

Fruity Loaf

Mixed dried fruit cake with soft brown sugar and cinnamon

New York Cheesecake

Baked cheesecake with fruit topping

Lemon Cookie

Zesty lemon cookie with juicy fruit

THEME
DAYS

Trip to
France

Italian Day
Out

Try our
Scottish
Menu

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)

Main
Event

Vegetarian
Section

Packed Lunch

Jacket
Potatoes

The Finale

w/c 14th October, 4th November, 25th November, 16th December, 6th January, 27th January, 17th February

WEEK TWO

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
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Main Event	Cheese and Tomato Pizza v Pizza topped with tomato sauce and cheese	Beef Lasagne ▲ Layers of pasta with Halal minced beef and tomato sauce topped with cheese	Sausage with Mash ▲ Halal chicken sausage with mash and gravy	Chicken Fajitas ▲ Marinated Halal chicken with sliced vegetables, rice and a wheat wrap	Golden Fish Fingers and Chips MSC pollock fish fingers with chips
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Vegetarian Section	Tomato and Roasted Veggie Risotto v Roasted peppers, courgettes and tomatoes with edamame beans and rice	Vegetable Lasagne v Layers of pasta with vegetables and tomato sauce topped with cheese	Quorn Sausage with Mash v Quorn sausage with Mash and gravy	Quorn Fajitas v Marinated Quorn with sliced vegetables, rice and a wheat wrap	Sticky Onion and Cheddar Quiche and Chips v Wholemeal pastry with a caramelised onion and cheddar filling.
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Packed Lunch

Jacket Potatoes

Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■

Jacket Potato with Toppings ◆

The Finale	Tiramisu Soft cheese and cream layers with sponge and cocoa	Winter Fruit Brulee Dessert pot with berries, cream and yoghurt with a crunchy topping	Apple and Berry Crumble Baked apples and berries topped with an oaty crumble	Mexican Chocolate Pudding Chocolate and cinnamon flavoured sponge and sauce..	Ginger Cookie and Fruit Slices Ginger Cookie with juicy fruit
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THEME DAYS

Fairytale Festival

Chinese New Year

Pancake Day

We offer seasonal vegetables, bread, yoghurt and fruit daily. (allergy information is available)

w/c 21st October, 11th November, 2nd December, 23rd December, 13th January, 3rd February, 24th February

WEEK THREE

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day

THEME DAYS

Trip to Wales

Best of British

And lots more ...

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)

Main Event	Macaroni Cheese v	Minced Beef Pie ▲	Roast Chicken and Gravy with Roast Potatoes ▲	Hot Dog and BBQ Beans ▲	Golden Fish Fingers and Chips
	Baked cheesy pasta with a crunchy topping	Minced Halal beef and carrot pie with gravy and mash	Halal chicken fillets with roast potatoes, sage and onion stuffing and gravy	Halal Chicken sausage in a roll with BBQ flavoured beans	MSC pollock fish fingers with chips
Vegetarian Section	Quorn Bolognese v	Crispy Topped Vegetarian Pie v	Quorn Roast and Gravy with Roast Potatoes v	Veggie Dog and BBQ Beans v	Cheese & Tomato Pinwheel with Chips v
	Quorn, vegetable and tomato sauce with wholewheat spaghetti	Crunchy vegetables in sauce with sliced potato topping	Quorn Roast with Roast potatoes, sage and onion stuffing and gravy	Veggie sausage in a roll with BBQ flavoured beans	Baked bread base with cheese and tomato filling with chips
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit ■				
Jacket Potatoes	Jacket Potato with Toppings ◆				
The Finale	Lemon Drizzle Flapjack	Sticky Ginger Cake	Fruity Rice Pudding	Vanilla and Blueberry Blondie	Oaty Energy Cookie
	Oaty flapjack topped with a lemon drizzle	Traditional sticky ginger sponge with custard.	Chilled rice pudding with caramelised pineapple	Chewy, fruity traybake with vanilla and blueberries	Oat Cookie with juicy fruit