

# Newsletter

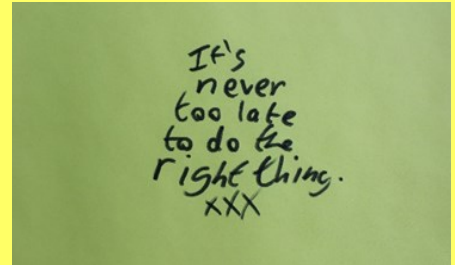


Appleton Academy students celebrated World Mental Health week with a series of assemblies to raise awareness of the issues surrounding all our mental health and why it is important to be aware of the

support and help that is available to anybody who may be suffering at the moment. On Friday 9<sup>th</sup> October we held a Young Minds mental health awareness day. Students and staff wore an item of yellow to show their support for this vital charity. We also had our own 'photo booth' and message board for students to post their own messages of hope and support for all.

In form time students created 'Happiness Jars'. Each student wrote a message of support to another student in their form, ready to read out this week. Happiness Jars are created to encourage young people to understand the value of kindness and how words can really affect a person – good and bad. This was to raise awareness of how a cruel statement can stick forever, however that kind words are just as easy to say but have such a positive effect.

*Mrs France*



**c&k careersonline**  
[www.ckcareersonline.org.uk](http://www.ckcareersonline.org.uk)

**James Davidson**

**c&k careers**



My name is James, and I work as the Higher Education Progression Officer for Uni Connect at Appleton. My role is to coordinate approval for student activities that will support transition to Higher Education after they leave the Academy. Examples include raising awareness to students of different subjects they can study at Degree level and how they link in with school subjects. Appleton Academy has access to funding to deliver these activities. I work two days per week in this particular role and three days a week as a Careers Adviser for C&K Careers in Halifax. I can be contacted by email at [james.davidson@appletonacademy.co.uk](mailto:james.davidson@appletonacademy.co.uk) or at [james.davidson@ckcareers.org.uk](mailto:james.davidson@ckcareers.org.uk)

This term, I am busy gathering and distributing information about all current HE activities for the year ahead. Staff and students will have the opportunity to select activities which appeal to them, a shortlist of which will then be considered for approval by Uni Connect if they require funding to take place. My aim is to have a full academic year of activities planned by November, as well as having activities for October and November 'live' with students engaged. This might sound ambitious however great things were achieved last academic year even before curriculum disruptions thanks to the hard work of the whole team, so I am confident in our success again this year.



Our October reads for Appleton Academy staff reading group.



Another great addition to our library. Great for older readers. It will be good to get their views.



The first of our mindfulness books are ready for students to borrow.





## Appleton Academy

Woodside Road  
Wyke  
Bradford  
BD12 8AL

Tel: 01274 600550  
Fax 01274 670447  
[www.appletonacademy.co.uk](http://www.appletonacademy.co.uk)  
Email: [info@appletonacademy.co.uk](mailto:info@appletonacademy.co.uk)



### Appleton Design Room

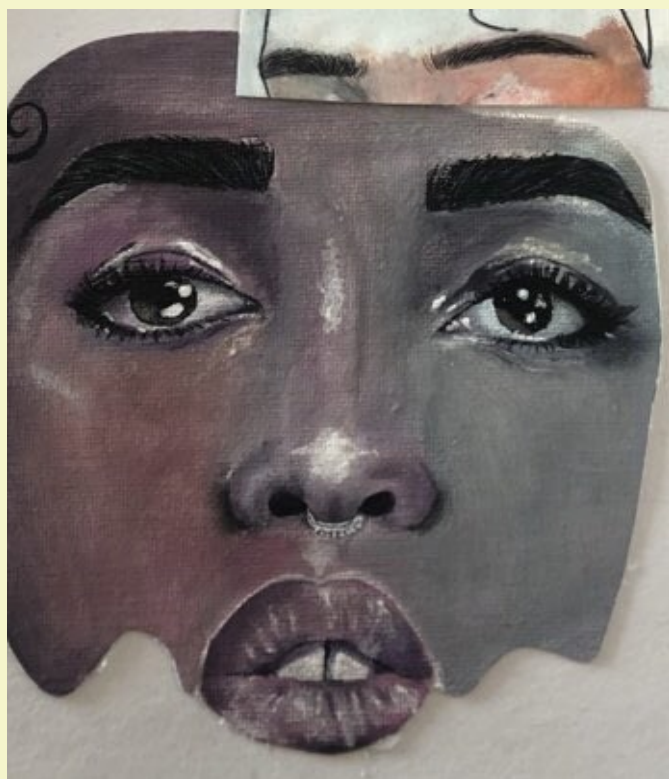


Making rainbow on a damp day.

Beautiful frost flower photographs by Year 10.



Amazing skills demonstrated by MS in Year 11.



**School Closes: Friday 23rd October**  
**Re-opens: Monday 2nd November**