

## Being safe, who can help



All staff at Appleton Academy care about your wellbeing and will listen to you if you have something that is upsetting or bothering you. They are here to support you when you need to talk.

You can speak to these people:

- Your class teacher or Form Tutor
- Head of Year or Assistant Head of Year
- Favourite teacher
- A member of support staff
- An Anti-Bullying Ambassador
- Mrs Sutherland in primary or Mrs Holden in secondary

### Our Safeguarding Team

If you have a safeguarding concern, you can speak to one of these members of staff.

Designated Safeguarding Lead  
Miss Wightman



Deputy Safeguarding Lead  
Miss Hodgson



Additional Safeguarding Trained Staff



Mr Ayres



Mr Smith



Miss Holden



Miss Downey

If you have a problem, please tell somebody.