



September 2021

Dear Parent/Carer

We are writing to parents to remind you that the Academy is a 'nut free' environment and to ask you to ensure that you do not send your child into school with snacks or lunch items containing nuts.

We have a number of pupils and staff who have severe nut allergies, and it is important there is a strict avoidance of this food being brought into school in order to prevent a potentially life-threatening allergic reaction.

To reduce the possibility of children suffering an allergic reaction, we are asking that you do not send any peanuts or products containing nuts into school with your child. Additionally, if your child has eaten anything containing peanuts or nuts for breakfast, we would be very grateful if you could please ensure that they wash their face and hands before coming to school.

We appreciate your support, and I am sure you will welcome the opportunity to play your part in looking after the wellbeing of our children and young people. If you have any questions at all, please do not hesitate to contact school via [info@appletonacademy.co.uk](mailto:info@appletonacademy.co.uk) or speak to our Healthcare Assistant, Mrs Barraclough.

Yours faithfully

A handwritten signature in cursive script that reads 'Heber Jones'.

Ms H Jones  
Executive Headteacher