

WEEK 2	MONDAY <small>MEAT FREE</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Vegetarian Bolognese Pasta Bake with Garlic Bread <small>5 A DAY</small>	Chicken Tikka Masala with Rice & Naan	Roast Beef with Yorkshire Pudding & Gravy served with Roast Potato	Sausage and Mash Potato with Gravy	Crispy battered fish with Chips
<b>VEGETARIAN MAIN DISH</b>	Vegetarian Sausage with Mash Potatoes	Vegetarian Meatballs with Wholemeal Pasta	Vegetable and Bean Stew with a Cheesy Cobbler Top <small>5 A DAY</small>	Vegetarian Chilli with Rice & Garlic Bread <small>5 A DAY</small>	Veggie Burger with Chips
<b>ACCOMPANIMENTS</b>	Broccoli & Peas Salad bar	Green Beans & Sweetcorn Salad bar	Carrots & Cauliflower Salad bar	Roasted Vegetables & Salad bar	Mushy peas & Baked Beans Salad bar
<b>DESSERTS</b>	Sticky Toffee Pudding & Custard	Fruit Flap Jack <small>5 A DAY</small>	Ice Cream	Apple and blackberry pie and custard <small>5 A DAY</small>	Cookie
<b>FRESH FRUIT OR YOGHURT</b>	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket Potato & Beans, Cheese or Tuna Cheese or Tuna sandwiches	Jacket Potato & Beans, Cheese or Tuna Cheese Panini	Jacket Potato & Beans, Cheese or Tuna Cheese or Ham sandwiches	Jacket Potato & Beans, Cheese or Tuna Cheese Panini	Jacket Potato & Beans, Cheese or Tuna Cheese Panini



# MENU



Variety is the key to a healthy diet. try something new today!



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE