

MEAT FREE

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- MEAT FREE MONDAY

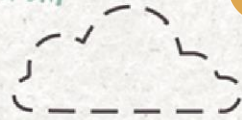
5 A DAY









5 A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



WEEK 1	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Vegetarian sausage, with mash potato & red onion gravy	Mexican Chilli, Mixed Rice	Roast chicken with stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fish of the Day with Chunky Chips
VEGETARIAN MAIN DISH	Oriental Quorn™ noodles 	Vegetarian Cottage Pie 	Cheesy Potato & Leek Pie Topped with Puff Pastry served with Crispy Roast Potatoes	Vegetable Tikka Masala with Mixed Rice & Garlic Bread 	Quorn™ Burger and chunky chips
ACCOMPANIMENTS 	Garden Peas & Broccoli	Sweetcorn & Carrots	Red Cabbage & Peas	Green Beans & Cauliflower	Mushy Peas & Baked Beans
STREET FOOD	Fiery bean burrito	BBQ Chicken Drumsticks	Spicy Beef Wrap	Pulled Chicken Taco	Sweet Chilli Quorn & Vegetable Wrap
PASTA DAILY SPECIAL	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini
DESSERT	 Fruit crumble with custard 	Oaty fruit crunch	Lemon drizzle cake	Chocolate Brownie & Custard 	Tray Bake



MENU