











MENU

MEAT FREE - MEAT FREE MONDAY

 - CHEF'S CHOICE

 - 1 OF YOUR 5 A DAY

WEEK 2	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Vegetarian Bolognese Pasta Bake with Garlic & Herb Bread 	Chicken Tikka Masala with Rice & Naan	Roast Beef with Yorkshire Pudding and gravy served with Roast Potatoes	Sausage and Mash with Mashed Potato & Gravy	Fish of the Day with Chunky Chips
VEGETARIAN MAIN DISH	Vegetarian Chilli with Rice & Garlic Herb Bread	Vegetarian Meatballs with Wholemeal Pasta	Vegetable and Bean Stew with a Cheesy Cobbler Top 	Vegetarian Chilli with Mixed Rice & Garlic Bread 	Veggie Burger with Chunky Chips
ACCOMPANIMENTS 	Steamed Broccoli & Garden Peas	Green Beans & Sweetcorn	Carrots & Cauliflower	Roasted Mediterranean Vegetables with Rice & Crisp Fresh Salad	Mushy Peas & Baked Beans
STREET FOOD	Roasted Vegetable skewer with Rice	Hot & Spice Chicken Wings	Chicken Joes Spicy Wrap	Vegetable Chilli Burrito	Tandoori Chicken & Salad Pitta
PASTA DAILY SPECIAL	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini	Jacket Potato, Pasta King, Pizza & Panini
DESSERT	Sticky Toffee Pudding and Custard	Fruity Flap Jack 	Fresh Fruit Salad	Apple and Blackberry Crumble and Custard 	Tray Bake

TRY OUR STREET FOOD GRAB AND GO FOR HEALTHY MEALS ON THE GO

