



June 2024

Dear Parent/Carer

As part of our statutory Relationship and Sex Education (RSE) offer at Appleton Academy, I am sharing with you an exciting opportunity that we have been fortunate to secure to further enhance RSE for all our students. All sessions have been designed in accordance with the statutory requirements for the education of students in the RSE curriculum created in 2020 by the DfE.

Step2 will be using their excellent resources, expertise and highly qualified staff to deliver five sessions to our students throughout the day, covering various aspects of RSE. Step 2 are a charity-based community group who have been working within the Bradford community for over 20 years. Their vision is for young people to be healthy in every way, and they achieve this by working with young people, schools, parents and carers to successfully deliver RSE in schools across Bradford and through counselling and community outreach programmes. Alongside colleagues from Step 2, students will also be supported in all sessions by Appleton staff throughout the day.

Students will not be following their usual timetable and instead will participate in a drop-down day with their year group to receive age-appropriate sessions focusing on RSE in areas such as Child Sexual Exploitation, safe and healthy relationships and accessing support for unhealthy relationships. The days will run as follows:

Year 7 – Monday 8 July 2024

Year 8 – Tuesday 9 July 2024

Year 9 – Monday 15 July 2024

Year 10 – Tuesday 16 July 2024

We thank you for your support of the delivery of this high quality RSE education and look forward to what will be a fantastic day.

Your faithfully

Lea Helliwell
Head of Humanities