

## Born in Bradford Age of Wonder research project

### Parent information sheet – Year 9

Born in Bradford (BiB) are working with your child's school on an exciting project that will help us to understand and improve the health and wellbeing of young people in Bradford.

We're asking parents and carers of young people in schools across Bradford if they are happy for their child to take part in the project. Until your child reaches the age of 16, we will write to you each year and ask if you want your child to be part of BiB Age of Wonder project.

If your child takes part this year, they will be asked to do the following activities during their normal school day:

- Surveys about their health and wellbeing
- Movement and memory assessments
- Measurements such as height and weight

**If you are happy for your child to take part, you do not need to do anything.**

**If you do NOT want your child to take part, fill in the form at this link:**

**<https://forms.office.com/e/qmU9vv8TuA> or on the last page of this booklet and hand this back to your child's school.**

The rest of this booklet tells you more about the project, how we will look after your child's information and what to do next.

This project is being led by the BiB Age of Wonder study team, based in Bradford Teaching Hospitals NHS Foundation Trust. The study has been reviewed and approved by the Bradford Leeds Research Ethics Committee [Ref: 21/YH/0261, date: 22.12.21].

***What is Born in Bradford Age of Wonder?*** [www.borninbradford.nhs.uk](http://www.borninbradford.nhs.uk)

Born in Bradford is one of the largest research projects of its kind in the world. Between 2007 and 2011, 12,500 families in Bradford who had their babies at Bradford Royal Infirmary signed up to be part of the BiB research project.

The research has helped us to understand the health and wellbeing of families in Bradford. For example, because we found out how much harm diesel fumes cause, we were able to show that fitting pollution filters to busses would make our Bradford air much cleaner.

Our new project is called **BiB Age of Wonder** and it aims to learn from young people what it is like to be a teenager growing up in Bradford. We want every young person who lives in Bradford or attends a secondary school here to take part.

We will use this research to understand how Bradford schools and services can support young people to be as happy and healthy as possible.

***What will my child be asked to do?***

If your child takes part this year, they will be asked to do some activities throughout the school year:

**Surveys:**

We will ask your child to complete two short surveys during their normal school day. The surveys ask your child about topics such as mental and physical health, their school, identity, risk taking behaviours, relationships with family and friends, climate change, social media, crime and safety. You can see the full surveys on the Born in Bradford website at [www.borninbradford.nhs.uk](http://www.borninbradford.nhs.uk).

**Movement and memory assessments:**

Your child will use a computer to complete some activities that measure movement and memory skills like handwriting, drawing, and remembering phone numbers. This activity takes around 45 minutes.

V8 13.09.2024

### **Health Measurements:**

During a school visit, our trained researchers will measure your child's:

- Height
- Weight
- Body composition - Your child will be asked to stand on a special scale that sends a very weak electrical signal around the body. This measures how much of the body is made up of things like muscle, water and fat.
- Blood pressure - Your child will be asked to wear a blood pressure cuff on their arm whilst we measure their blood pressure on a small electronic monitor.
- Skinfolds - The researcher will hold a fold of skin on your child's arm and shoulder blade and measure it. These measurements will be taken in the school hall or a similar space which will be divided into private booths. Your child will be with one member of our team, and we will not share the information we collect about your child with anyone in their school.

In exceptional circumstances, if their measurements suggested a health concern, our research nurse would contact you.

Whilst we are in school If your child told us something or if we witness anything that suggested a concern for their or someone else's safety, we will discuss this with their teacher.

V8 13.09.2024

### ***How do you use my child's personal information?***

If you agree for your child to take part, their school will provide us with the following personal information about your child:

- Name
- Unique pupil number (UPN)
- Date of birth
- Contact details
- School email address

We use this information so we know who has taken part in the project, and so we can send a link to our surveys to their school email address. We also use their personal information to link with data from previous involvement in BiB Age of Wonder activities.

We will ask your child's school to share their canteen sales data with us, so we can find out more about young people's school food choices and explore how to support healthy eating at school. We will look to link canteen sales data to our survey data, using your child's personal information listed above, such as unique pupil number (UPN). Your child's school might be offered the chance to take part in projects to support young peoples' wellbeing. We might use your child's information to help the school and other services to select young people to take part in these projects and compare their data to those who do not take part. This will help us find out if the projects make a difference to young people's wellbeing.

We store all personal information in a secure database at Bradford Teaching Hospitals NHS Foundation Trust. The only people who have access to personal information are the small number of people in the research team.

When we collect the research data, your child's personal details will be removed from this and replaced with a study ID code. This means it will not be possible for anyone to use the data we collect to identify your child. If we share data with other UK and international research projects that have been approved by BiB, we will only give them this study ID code to make sure your child will never be able to be identified.

V8 13.09.2024

You can find out more about how we use your child's information at:

<https://borninbradford.nhs.uk/what-we-do/how-we-use-your-information/>, or by contacting the project team at [ageofwonder@bthft.nhs.uk](mailto:ageofwonder@bthft.nhs.uk) or 01274 274474.

***What do I need to do if I would like my child to take part?***

If you are happy for your child to take part, you do not need to do anything. If you do not get in touch, we will assume that you are happy for your child to take part.

You can withdraw your child from the project at any time before the activities take place without giving a reason. Contact us using the details below and ask for your child to be removed from the project. We may contact you again in future years to give your child the opportunity to take part in further activities.

***What do I need to do if I do not want my child to take part?***

Your child does not have to take part in BiB Age of Wonder. If you DO NOT want your child to take part, please fill in the attached form and hand this back to your child's school.

***How can I find out more information?***

You can keep up to date with the study through our website and social media channels:

Website: [www.borninbradford.nhs.uk](http://www.borninbradford.nhs.uk)

Instagram: @BiBAgeofWonder

Twitter: @BiBresearch

Facebook: @BorninBradford

If you would like to find out more about the study before deciding to let your child take part, please contact the Born in Bradford team:

Email: [Ageofwonder@bthft.nhs.uk](mailto:Ageofwonder@bthft.nhs.uk)

Phone: 01274 274474

V8 13.09.2024

## Born in Bradford: Age of Wonder Year 9 (opt-out)

If you are happy for your child to take part in the Born in Bradford Age of Wonder Year 9 activities, you do not need to do anything.

If you **DO NOT** want your child to take part in the Born in Bradford Age of Wonder Year 9 activities, please complete the form below and return it to your child's school.

Child's name: .....

Form/Tutor Group: .....

Parent's / Carer's name: .....

Parent's / Carer's signature: .....

Date: .....

	Please tick
I <b><u>DO NOT</u></b> want my child to take part in the Born in Bradford Age of Wonder Year 9 activities.	<input type="checkbox"/>

V8 13.09.2024