

# BREAKFAST

## MENU



### STAPLE

MONDAY

Pancakes  
with Syrup

TUESDAY

Porridge with  
toppings

WEDNESDAY

Crumpet

THURSDAY

Croissants  
with Jam

FRIDAY

Bagels



### HEALTHY

Served Daily

Choice of  
Cereals

Whole Fruit or  
Cut Fruit

Fruit Juices  
available  
daily!

Fill you body  
with vitamins  
& minerals  
it needs!



### TOAST

Served Daily

Buttered  
White Toast

**Mon** Beans

**Tue** Jam

**Wed** Cheese

**Thu** Marmalade

**Fri**  
Scrambled Egg

Give yourself  
that steady  
energy and  
feel full up  
for longer!



### YOGHURT

Served Daily

Selection of  
Fruity  
Topped  
Yoghurts

Try fruity  
fibre and  
calcium-  
packed  
yogurt for  
strong bones  
and teeth!

Fruit Juices available daily!

Termly treats such as pastries, muffins and more will be available throughout the term too!