



May 2026

Dear Parent/Carer

We are writing to ask for your support in ensuring that we are able to maintain a 'nut free' environment in school at all times in order to look after the welfare of some of our more vulnerable children and young people, as well as staff.

We do have a number of students and staff in school who have severe nut allergies. Therefore, we politely ask that you ensure your children do not bring food items into school that may contain nuts. We also ask that, if they have had any breakfast items containing nuts, they wash their hands before arriving at school.

We appreciate your support in ensuring that we look after the wellbeing of everyone – your actions and cooperation will ensure that we avoid anyone suffering a severe allergic reaction in school. I am sure you will welcome this opportunity to play your part in looking after the safety of our children and young people.

If you have any questions, please do not hesitate to contact school via info@appletonacademy.co.uk in the first instance.

Yours faithfully

A handwritten signature in black ink that reads "Helen Jones".

Ms H Jones
Executive Headteacher